

# Curriculum Vitae

## Dr. Eti Sthapak (MBBS, DLO, MD (Anatomy))

Assistant Professor, Department of Anatomy, Dr.RMLIMS,Lucknow

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### Personal detail:

- Name – Dr. Eti Sthapak
- Husband name- Dr. Vijai Datta Upadhyaya
- Date of Birth – 14.04.1976
- Present Address- House no. type IV/14, old campus, SGPGIMS, Lucknow
- Permanent Address- House No. B1/98, Assi Varanasi, (UP) 221005
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### Education:

- MBBS -(NSCBMC (Jabalpur M.P.) Mar 2001
- DLO-G.M.C. (Bhopal M.P.) Nov 2005
- MD Anatomy- J.N.M.C.,DMIMS, Sawangi (Meghe), Wardha, Maharashtra, May 2013

### Teaching Experience:

- Working as an Assistant Professor in the department of anatomy, Dr.RMLIMS,Lucknow, since 30.11.2016.
- Worked as an Assistant professor in the department of Anatomy, ELMC&H, U.P. India, since forenoon of 21<sup>st</sup> jan 2014 to 30.11.2016.
- Worked as Lecturer in Department of Anatomy, ELMC&H, Lucknow, from 12<sup>th</sup> june 2013 to 20<sup>th</sup> Jan 2014
- Worked as tutor in JNMC, Datta Meghe Institute of Medical Sciences, Sawangi (Meghe), Wardha, Maharastra from 8<sup>th</sup> April 2010 to 22<sup>nd</sup> May 2013

### Thesis:

“Study Of Communication Between Musculocutaneous And Median Nerves In Man”

### Publication:

1. Eti Upadhyaya, Punit Srivastava, Gangopadhyay A N, Upadhyaya V D, Sharma SP. Double coin in esophagus at same location and same alignment - a rare occurrence: a case report Cases Journal. 2009; 2
2. Sthapak E, Gajbe UL, Wanjari SP, Upadhyaya VD, Kumar B. Thyroid Agenesis: A Case Report with Review of Literature. World J Endoc Surg 2012;4(3):99-101.
3. Thute Preeti, Bobade Harsha, Gajbe Ujwal, Sthapak Eti, Bharti Sunita,Chaulwar Manjiri, Bakane Bhaurao, The Bilateral Sternalis: An Uncommon Anatomical Variant, Journal of Clinical and Diagnostic Research. 2012 June; 6 (5): 767 – 769.
4. Sthapak Eti, Gajbe Ujwal, Upadhyaya V.D., Anatomic Study of Variations in the Musculocutaneous Nerve J D M I M S U, 2012. Vol. 7 No. 4:253-255.

5. Sthapak Eti, Pasricha N, Gajbe UL, Upadhyaya VD, Siddiqui MS ,Is Variation in the formation of Median Nerve common ?. Asian Journal of oral health & Allied Sciences NOV.2014; volume 4, issue 2:30-31.
6. Sthapak Eti, Pasricha Navbir, Siddiqui Mohammad Shakil. Study Of Variations In The Origin Of Biceps Brachii With Special Thrust On Its Innervations. International Journal of Anatomy and Research, Int J Anat Res 2016, Vol 4(1):1994-97. ISSN 2321-4287.

**Published chapter in book**

Vijai Datta Upadhyaya, Eti Sthapak , Urethral Catheterization, Manual of ICU PROCEDURES, Editor – Mohan Gurjar, JAYPEE Brothers Medical Publisher, First edition :2016,Chapter 50. 563.

**Soft fix body preservation (Embalming) for workshop:**

1. Cadaveric Pelvi-Acetabular Workshop & CME Organised by Lucknow Orthopedic Club at ELMC&H , sept 20-21, 2014
2. NERVECON -2014, 4<sup>th</sup> Annual Meeting of Indian Society of peripheral nerve surgery, 7<sup>th</sup> – 9<sup>th</sup> Nov. 2014, at SGPGIMS, Lucknow
3. Post conference workshop of 63<sup>rd</sup> NATCON on Soft Embalming for Cadaveric Surgery Organised by Department of Anatomy, ERAS Lucknow Medical College & Hospital, 23<sup>rd</sup> November 2015.

**Membership of Societies:**

Life membership of Anatomical society of India -23 Nov 2013

Life membership of anatomical society of India U.P. Chapter – 18-19 Nov 2014

Life membership of society of clinical anatomists (SOCA) LM-149/15

**Paper & poster presentation:**

1. Poster Presentation at NATCON 58 held in Pune in 2010  
Title: Anatomical variation of palmaris longus muscle
2. Two Paper presentation at NATCON 59 held in SAIMS, Indore 2011  
Title – 1. Anatomic Study of Unusual Variation in the Musculocutaneous nerve  
2. Variation of extra-hepatic arterial anatomy in congenital Hepatobiliary disorders and its clinical importance.
3. Paper presented in ASI –UP Chapter in Kanpur, 2013  
Entitled Variation in Origin of biceps brachii with special thrust on its innervation
4. Paper presented in NATCON 61 in Chandigarh ,Nov.2013  
Entitled Is variation in the formation of median nerve common?
5. Paper presented in JSS in Kyoto ,April 2014  
Is Variation of extra-hepatic arterial anatomy in congenital Hepatobiliary disorders is more than normal population?

6. Poster presentation in the College of Surgeons of Sri Lanka Annual Academic Meeting with the Royal College of surgeons of Edinburgh, Aug 2014 at Colombo.  
Entitled –Is number of short gastric arteries 5-7 or is it less?
7. Poster presentation in NATCON 63 in KGMU,Lucknow,2015  
Entitled - Soft fixed Embalming: Our Experience in ELMC&H

## **Speaker /Resource person in conferences**

1. Invited lecture on Anatomy of Brachial Plexus in NERVECON -2014, 4<sup>th</sup> Annual Meeting of Indian Society of peripheral nerve surgery, 7<sup>th</sup> – 9<sup>th</sup> Nov. 2014, at SGPGIMS , Lucknow
2. Participated as speaker in the 5<sup>th</sup> Basic course Workshop in Medical Education held at ELMC&H in Dec. 2014
3. Invited lecture on Intramuscular injection in Internship Orientation & core competency Skill Training learning program held at ELMC&H in April 2015.
4. Invited lecture on Intravenous Access in Internship Orientation & core competency Skill Training learning program held at ELMC&H in April 2015.
5. Invited lecture on Parenteral Drug Administration in P.G. Orientation Program for batch 2015-2016 held at ELMC&H in July ,2015.
6. Invited lecture on Intramuscular injection in Internship Orientation & core competency Skill Training learning program held at ELMC&H in 3<sup>rd</sup> May 1 2016
7. Conducted a session on motivation to learning in Basic course workshop in Medical Education & technology at ELMC&H on 25.5.16.
8. Resource Person In MEDICON 2016 -10<sup>th</sup> International Undergraduate Medical Students' Research Conference Of INFORMER Hosted By Era's Lucknow Medical College & Hospital ,Lucknow, 13 To 16 July 2016.